TRUSTED BY
PRO ATHLETES & OLYMPIANS

WELCOME
TO THE SEMINAR

NEURAL MANIPULATION

INSTRUCTOR
JOAN MONTSERRAT

UPPER LIMB

→ NEURAL NETWORK OF THE UPPER LIMB
→ NEURAL MOBILIZATION AND MANIPULATION TECHNIQUES
→ MANAGEMENT OF COMPLEX CLINICAL CASES

A SEMINAR DEVELOPED BY JOAN MONTSERRAT
FOUNDER OF **CHIROHOUSE** AND **BERLIN MOVEMENT LAB**

TURN PROTOCOL *INTO MASTERY*

Joan Montserrat's seminars provide advanced training for practitioners who aspire to become leading therapists, using biomechanics to elevate their practice. Through in-depth explanations and intensive practical work, he teaches participants to approach the body with the nerve as the main focus, whether they are sports therapists or final-year students.

UNDERSTAND MOVEMENT IN DEPTH

Develop an advanced reading of human biomechanics and function to make the most refined therapeutic decisions.

MASTER NEURAL ASSESSMENT

Identify and precisely address neural conflicts using a structured, visual method that you can apply immediately.

TREAT FURTHER, TREAT BETTER

Adopt clear, effective treatment strategies to manage complex cases and significantly expand your clinical toolkit.

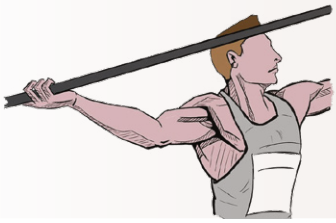


Posture **Anatomy** **Accuracy** **Sports**

3-DAYS *IN IMMERSION*

- Breathing and abdominal support
- Thoracic movement
- Diagnosis of neural tension
- The shoulder in three dimensions
- Elbow mechanics and neural pathways
- Wrist, hand and arches
- Scalene triangle and compression zones
- Practical application and exercises
- Interneural palpation

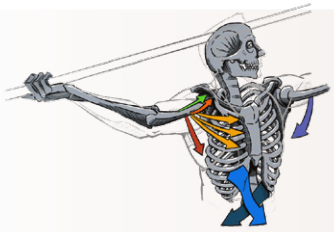
1



OBSERVATION

Develop a sharper eye, decode posture, balance and tension in motion.

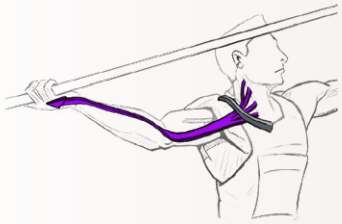
2



STRUCTURE

Master how muscle and joints shape performance and stability.

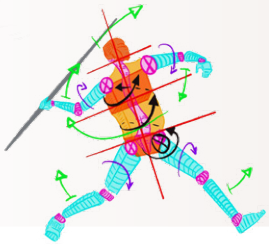
3



NERVES

Identification and release compression to restore optimal function.

4

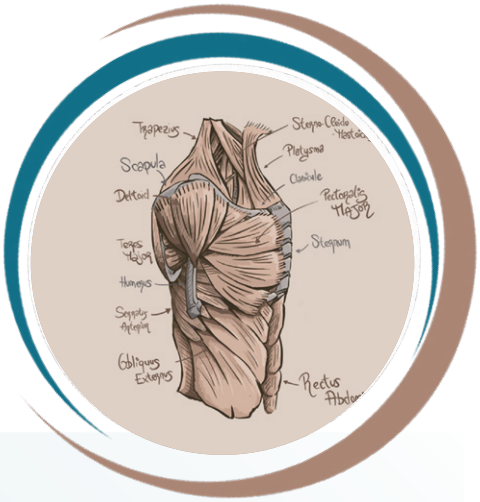


INTEGRATION

Synthesize posture, movement, and neural insights into a unified framework.

Perfect for professionals looking to strengthen their core skills and improve treatment effectiveness, this seminar offers a transformative journey that enhances your overall therapeutic impact.

PROGRAM



DAY 1

9h – 10h45	**Introduction**
30min	Break
11h15 – 13h	**Breathing and Abdominal Cavity**
1h30min	Lunch Break
14h30 – 16h15	**Thoracic Mobility**
30min	Break
16h45 – 18h	**Diagnosis of Neural Tension**
18h–18h30	**Questions and Answers**

DAY 2

9h – 10h45	**Three-Dimensional Shoulder Mechanics**
30min	Break
11h15 – 13h	**Elbow Biomechanics and Neural Pathways**
1h30min	Lunch Break
14h30 – 16h15	**Wrist, Hand and Arch Mechanics**
30min	Break
16h45 –18h	**Scalene Triangle and Compression Zones**
18h–18h30	**Questions and Answers**

DAY 3

9h – 10h45	**Practical Application and Exercises**
30min	Break
11h15 – 13h	**Intraneural Palpation**
13h – 13h30	**Conclusion**

YOUR *INSTRUCTOR*



Joan Montserrat is a neural manipulation specialist with over **15 years of experience** in elite sports and complex clinical environments. He has treated hundreds of athletes, including **Olympic medallists**, Premier League football players, *Cirque du Soleil* performers and world champions across multiple disciplines. Driven by his passion for anatomy, Joan has developed a strong visual approach to anatomy and biomechanics. Throughout the seminar, his own anatomical drawings are used as a key teaching tool to clarify complex concepts, reveal movement logic, and support precise clinical reasoning. This visual method allows participants to better integrate biomechanical principles, connect theory to practice, and retain information more efficiently.

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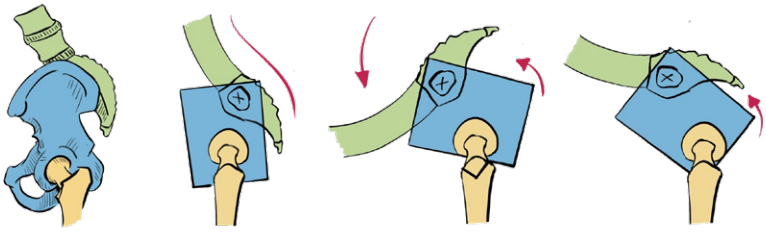


RECENT EXPERIENCES

- **Chiropractor for JuJitsu German National Team** (since 2016)
- **Chiropractor for the German Athletics Association (DLV)** (2022–)
- **Preparation Camp for the Paris Olympic Games** (Berlin, 2024)
- **JuJitsu Youth World Championships** (Heraklion, 2024)
- **Athletics World Championships** (Budapest, 2023)
- **JuJistu World Championships** (Bangkok 2025, Coming)
- Doctor of Chiropractic, IFEC (2010)
- Master in Neurosciences & Neuropsychopharmacology (2013)
- Internationally Certified Chiropractic Sports Practitioner (2015)

YOUR SEMINAR *IN DETAILS*

Here you'll find all the information you need to arrive prepared for your seminar.

LANGUAGE

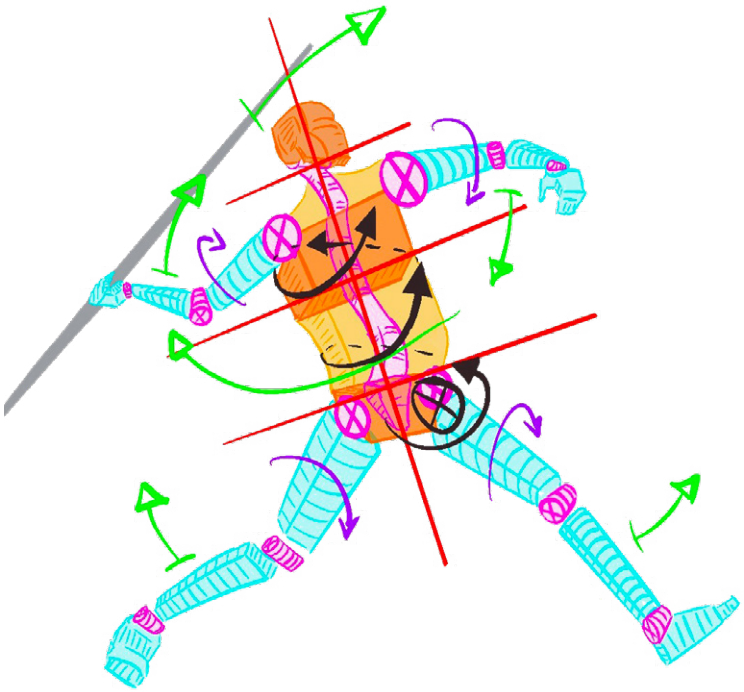
English

MATERIALS

- Paper blocks will be on site
- Bring 3 pens in different colors

ESSENTIALS

- Dress in comfortable and form-fitting clothing
- Coffee & Water is provided
- You may bring your own chiropractic table



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OTHER EVENTS
BY JOAN MONTSERRAT

Explore other seminars built on the same concept*, offering further opportunities to deepen your understanding of neural manipulation.

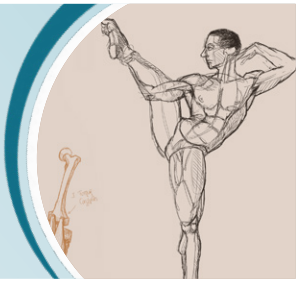
SEMINAR

Neural Manipulation of the Lower Limb
Discover an innovative approach to lower-limb biomechanics and its neural continuum.



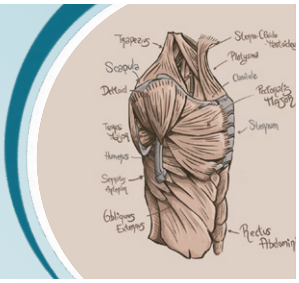
SEMINAR

Neurale Mobilisation der unteren Extremität
Innovativer Ansatz zur Biomechanik der unteren Extremität und ihrem neuralen Kontinuum.



SEMINAR

Neurale Mobilisation der obere Extremität
Innovativer Ansatz zur Biomechanik der oberen Extremität und ihrem neuralen Kontinuum.



Or check-out the seminar-archive website page:
www.chirohouse.de/chirohouse-education/

WE LOOK FORWARD TO WELCOMING YOU SOON!

CHIROHOUSE
INNOVATIVE THERAPY

BERLIN MOVEMENT LAB

THIS SEMINAR WAS DEVELOPED BY JOAN MONTSERRAT
FOUNDER OF ***CHIROHOUSE*** AND ***BERLIN MOVEMENT LAB***

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ALL SPINES ARE WELCOME